About the Presenters

Joan B. Smith, MSW, LCSW
Program Administrator, MHA

Marcia Andersen, RN, MS, CSP
Chief of Community Services, MHA

Hector Opulencia, MS, CRC, LCPC
Program Supervisor, JHU

Robert Canosa, PhD
Director of Community Resources – Child and Family Services of Catholic Charities

Michelle Bailey, MSPH, BSN, RN, BC
Director of Behavioral Health Program – Wicomico County Health Department

Jacquelyn Pettis, MSN, RN
Prevention Education and Outreach Manager ValueOptions

Cathy Myers, LCPC
Founder/Executive Director
Center for Children

Lynn Gavigan, LCSW-C
Clinical Director
Eastern Shore Psychological Services

Catherine Gray, MSW, LCSW-C
Clinical Director
Anne Arundel County Mental Health Authority

Dawn Brown, MS
Child and Adolescent Coordinator – Carroll County Core Service Agency

---

AGENDA
All Locations and Dates

8:30 AM – 8:45 AM
Registration

8:45 AM – 9:00 AM
Welcome and Overview

9:00 AM – 9:30 AM
Review of Resilience Chart
Applying Core Concepts

9:30 AM – 10:15 AM
Group Practice Session

10:15 AM – 10:30 AM
Break

10:30 AM – 11:15 AM
Group Practice Session

11:15 AM – 11:45 PM
Value Options
Engaging Families
Audit Tool

11:45 AM – 12:00 PM
Q&A / Evaluations

---

Directions to each location are available on their websites. Please visit:
Carroll County Health Department
www.carrollhealthdepartment.dhmh.md.gov/
Speech & Hearing Agency of Baltimore
www.hasa.org
Eastern Shore Hospital Center
http://dhmh.state.md.us/eshc/
Center for Children
www.center-for-children.org

---

Optimism * Hope * Respect

S e n s e
P r o b l e m

O f
P u r p o s e
S o l v i n g

Competency * Family * Reframe

RESILIENCE: FROM THEORY TO PRACTICE

First Annual Regional Training
Sponsored by
Mental Hygiene Administration’s Resilience Committee
And
Carroll County Core Service Agency
Resiliency is the ability to develop or enhance protective factors that can be utilized in times of stress or adversity. It is seen as the youth equivalent of “recovery.”

Those who should attend: Administrators, Clinical Supervisors and Lead Staff of Outpatient Mental Health Centers and Psychiatric Rehabilitation Programs

The goal of this training is to:

- Educate providers on Mental Hygiene Administration’s commitment to resilience in a strength based approach
- Define resilience and its core concepts
- Educate providers regarding COMAR mandates related to resilience, and enhance skills for integrating this into service delivery

REGISTRATION

Please indicate your selection below and fax to 410-876-4929 or e-mail to brownd@dhmh.state.md.us

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>April 29, 2011</td>
<td>(Registration deadline April 22, 2011)</td>
</tr>
<tr>
<td></td>
<td>Eastern Shore Hospital Center</td>
</tr>
<tr>
<td></td>
<td>5262 Woods Road</td>
</tr>
<tr>
<td></td>
<td>Cambridge, MD 21613</td>
</tr>
<tr>
<td>May 2, 2011</td>
<td>(Registration deadline April 25, 2011)</td>
</tr>
<tr>
<td></td>
<td>Southern Maryland Center for Children</td>
</tr>
<tr>
<td></td>
<td>6100 Radio Station Road</td>
</tr>
<tr>
<td></td>
<td>LaPlata, MD 20646</td>
</tr>
<tr>
<td>May 20, 2011</td>
<td>(Registration deadline May 13, 2011)</td>
</tr>
<tr>
<td></td>
<td>Carroll County Health Department</td>
</tr>
<tr>
<td></td>
<td>290 S. Center Street</td>
</tr>
<tr>
<td></td>
<td>Westminster, MD 21157</td>
</tr>
<tr>
<td>June 7, 2011</td>
<td>(Registration deadline May 31, 2011)</td>
</tr>
<tr>
<td></td>
<td>Speech and Hearing Agency of Baltimore*</td>
</tr>
<tr>
<td></td>
<td>5900 Metro Drive</td>
</tr>
<tr>
<td></td>
<td>Baltimore, MD</td>
</tr>
</tbody>
</table>

*Parking is not permitted on the Speech and Hearing Agency of Baltimore’s parking lot – Ample free on-street parking is available.

Name:__________________________
Agency:________________________
Phone Number:________________________
Fax Number:________________________
e-mail:________________________

If you require special accommodations, please contact Dawn Brown at 410-876-4440 or e-mail at brownd@dhmh.state.md.us at least 10 days prior to the event.

“The Maryland Board of Social Work Examiners certifies that this program meets the criteria for 3 credit hours of Category I continuing education for social workers and associates licensed in Maryland.”