### I. Principles for Medical Necessity Criteria:

Psychiatric Rehabilitation services facilitate the Individual’s recovery and develop or restore an Individual’s independent living and social skills, including the Individual’s ability to make decision regarding: self-care management of illness, life, work and community participation; and promote the use of resources to integrate the Individual into the community. Services may be provided in an on-site facility, or in a setting most conducive to promoting the participation of the Individual in community life.

When an Individual has a mental disorder that requires professional evaluation and treatment, he/she should be treated at the least intensive setting able to meet the individual’s medical needs.

Satisfaction of all admission and continued care criteria must be documented in the clinical record based upon the conditions and factors identified below before treatment will be authorized.

### II. Admission Criteria

*All of the following criteria are necessary for admission:*

- A. The consumer has a PMHS specialty mental health DSM-IV diagnosis, and the Individual’s impairment(s) can be expected to be stabilized at this level of care.
- B. The impairment results in at least one of the following:
  - A clear, current threat to the Individual’s ability to live in his/her customary setting
  - An inability to be employed or attend school without support
  - An inability to manage the effects of his/her mental illness
- C. The Individual’s condition requires an integrated program of rehabilitation services to develop and restore independent living skills to support the Individual’s recovery.
- D. The Individual must be concurrently engaged in outpatient mental health treatment.
- E. All Individuals residing in a RRP must have PRP services available.
- F. The Individual does not require a more intensive level of care.
- G. All less intensive levels of treatment have been determined to be unsafe or unsuccessful.

### III. Severity of Need and Intensity of Service

Medical necessity for admission to Psychiatric Rehabilitation Program services must be documented by the presence of all of the criteria. The length and frequency of the services varies based on the Individual’s needs and medical necessity. Profession and/or social supports must be identified and available to the Individual outside of program hours, and the Individual must be capable of seeking them as needed. Active involvement of the Individual, family, caretakers, or significant others involved in the Individual’s treatment should be sought.
### IV. Continued Stay Criteria:

**All of the following criteria are necessary for continuing treatment at this level of care:**

- **A.** The consumer continues to meet admission criteria.
- **B.** Clinical evidence indicates that the therapeutic re-entry into a less intensive level of care would result in exacerbation of the symptoms of the individual’s mental disorder.
- **C.** Progress in relation to specific symptoms/impairments/dysfunction is clearly evident and can be described in objective terms, but goals of treatment have not been achieved or adjustments in the treatment plan to address the lack of progress are evident and/or a second opinion on the treatment plan has been considered. (There should be daily progress notes that document treatment and the individual’s response to treatment.)
- **D.** There is evidence that the individual, family, caretaker or significant other is involved in treatment in the frequency and manner indicated by the treatment plan.
- **E.** There is documented active planning for transition to a less intensive level of care.