PROVIDER ALERT

BALANCING INCENTIVE PROGRAM
REQUIRED DLA-20 TRAINING

SEPTEMBER 22, 2016

Applicable to Adult Mental Health Providers that are approved or licensed as Assertive Community Treatment (ACT) Programs, Mobile Treatment Services (MTS) Programs, Psychiatric Rehabilitation Programs (PRPs), and/or Residential Rehabilitation Programs (RRPs)

As reflected in a previous Provider Alert, dated May 16, 2016, Maryland is participating in the Balancing Incentive Program (BIP), a federal program implemented by the Centers for Medicaid and Medicare (CMS) that provides grants to States to increase access to non-institutional long-term services and supports (LTSS). As part of the BIP implementation, this uniform assessment process is required for all individuals who access certain home and community services. The intent of this process is to inform person-centered care planning, identify individual supports needs, and facilitate access to LTSS across care settings. At the recommendation of the Maryland mental health provider community, Maryland has chosen as the universal assessment for the Public Behavioral Health System (PBHS) the Daily Living Activities-20 (DLA-20) instrument, which has been augmented with several supplemental questions as a means to fulfill the CMS BIP domain requirements. This Provider Alert provides additional information on the DLA-20 implementation, the training that is required to administer the DLA-20, and the registration process for upcoming training dates and locations.
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Adult mental health providers requesting authorization for Assertive Community Treatment (ACT), Mobile Treatment Services (MTS), Psychiatric Rehabilitation Program (PRP) and Residential Rehabilitation Program (RRP) levels of care will soon be required to complete the DLA-20 within Beacon Health Options Provider Connect coincident with every concurrent authorization review and at discharge from the service. Once implemented within Beacon Health Options, the authorization parameters for ACT, MTS, PRP, and RRP services for both Medicaid beneficiaries and uninsured-eligible consumers will be adjusted to be congruent with the time frames for completion of the DLA-20: 30 days, every six months thereafter, and at discharge. Please note that submission of the DLA-20 will be required for authorization; however, there will be no other changes to the Medical Necessity Criteria or eligibility for the affected levels of care.

A half-day training is required for mental health providers to be authorized by the purveyor of the instrument to administer the DLA-20. Each training will be provided free of charge by BHA through the University of Maryland’s Training Center and Evidence-Based Practice Center, with CEUs and Certificates of Attendance being offered upon completion of the training. It will be important for those trained to keep certificates that verify completion of training, as information from these certificates, including the training date and name of approved trainer, will be needed in order to submit requests for authorizations for these service types in the future.

Please identify staff members within your organization who should attend trainings. These would include staff who currently complete assessments for ACT, MTS, PRP, and RRP, as well as their supervisors. To ensure that your agency has trained individuals to administer the assessment when the DLA-20 authorization process is implemented, we urge you to ensure that sufficient staff in each of your programs at each of your sites are trained as soon as possible.
Once you have identified staff who need training, please register each staff member for training by going to the Training Center website at http://trainingcenter.umaryland.edu. Please note that each training is limited to 30 attendees. Training dates are currently available and additional training sessions will be made available in the near future.

If your organization will require training for at least 15 staff members, we may be able to arrange for a training to take place at your facility. To make this request, please email the following information to dla20@psych.umaryland.edu:

- Agency name and address
- Name and contact information for contact person
- Number of staff to be trained
- Preferred training dates/times

Questions about this alert can be directed to dla20@psych.umaryland.edu.