ValueOptions Maryland

2012-2013
Topics

- Background
- What is Changing?
- What is Staying the Same?
- CPT Code Crosswalk
- Utilization Management
- Resources
- Contact Us
- Questions
American Medical Association (AMA) released major changes to the Current Procedural Terminology (CPT®) codes.

The new code set applies to all services provided on or after January 1, 2013.

All provider disciplines are impacted (psychiatrists, psychologists, social workers, licensed professional counselors and all other behavioral health providers that use CPT codes).

It is expected that after January 1, 2013 providers must convert to using the new codes for billing dates of service on or after January 1, 2013.

All dates of service prior to January 1, 2013 must be submitted with the 2012 code set regardless of when they are billed.
Background: What are CPT Codes?

- A medical numeric coding system maintained and copyrighted by the American Medical Association (AMA) used for billing purposes.
- The numeric codes outline every task and service a healthcare provider can deliver such as medical, surgical and diagnostic services.
- The American Medical Association defines and releases a new set of CPT codes on an annual basis.
- The coding system supplies providers with an efficient claims processing system.
Background: What are E&M codes?

- Evaluation and Management (E&M) codes are the standard guidelines for determining type and severity of a consumer’s condition.
- Physicians and Nurse Practitioners use E&M codes for billing purposes.
- E&M codes are defined in the AMA CPT Standard Edition guide book.
- The Maryland PMHS will be using the “established patient” E&M code series (99211—99215) for the replacement of 90862.
According to the AMA:

• “The new codes will enhance reporting of innovative diagnostic tools that will promote medicine’s overarching goals of reducing disease burdens, improving health outcomes and reducing long-term care costs. Additional updates to the 2013 CPT code set reflect practice changes and technology improvements in neurologic testing and psychiatry.”

- AMA Press Release September 17, 2012
Some More Commonly Used Codes That Are Staying the Same

- Family Therapy Code – Patient Not Present
  - 90846
- Family Therapy Code – Patient Present
  - 90847
- Multi-family Group Treatment Code:
  - 90849
- Group Therapy
  - 90853
What is Changing?

- Retired Codes (not valid for services rendered after 12/31/12):
  - Psychiatry – 90801, 90804, 90805, 90806, 90807, 90808, 90809, 90816, 90817, 90818, 90819
  - Medication Management – 90862

- New Initial Evaluation Codes
  - Providers will now use:
    - 90791 – Psychiatric Diagnostic Evaluation without providing medical management services
    - 90792 – Psychiatric Diagnostic Evaluation with medical services
What is Changing? (cont’d)

- Routine Therapy Codes (remain time-based)
  - Providers will now use:
    - 90832 (30 minutes)
    - 90834 (45 minutes)
    - 90837 (60 minutes) OMHC Only

- Crisis Management Codes
  - 90839 (first 60 minutes / requires separate authorization)
  - 90840 (additional 30 minutes / requires separate authorization)

- Medication Management Codes
  - Providers will now use Evaluation and Management codes (99211—99215) for Medication Management (90862) plus any new “add-on” code if psychotherapy services are also provided.
ValueOptions Crosswalk
2013 CPT Code Changes
# Psychiatric Diagnostic Procedures

<table>
<thead>
<tr>
<th>2012 Code</th>
<th>Action Taken</th>
<th>2013 Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>90801: Psychiatric diagnostic evaluation</td>
<td>Retired 12/31/2012</td>
<td>90791 (psychiatric diagnostic evaluation)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>90792 (psychiatric diagnostic evaluation with medical services)</td>
</tr>
<tr>
<td>2012 Code</td>
<td>Action Taken</td>
<td>2013 Code</td>
</tr>
<tr>
<td>-----------------</td>
<td>----------------------</td>
<td>-----------------------------------------------------</td>
</tr>
<tr>
<td>90804</td>
<td>Retired 12/31/2012</td>
<td>90832 (psychotherapy 30 mins.)</td>
</tr>
<tr>
<td>90805</td>
<td>Retired 12/31/2012</td>
<td>Appropriate E&amp;M code (with 90833 (30 mins. psychotherapy))</td>
</tr>
<tr>
<td>90806</td>
<td>Retired 12/31/2012</td>
<td>90834 (psychotherapy 45 mins.)</td>
</tr>
<tr>
<td>90807</td>
<td>Retired 12/31/2012</td>
<td>Appropriate E&amp;M code (with 90836 (45 mins. psychotherapy))</td>
</tr>
<tr>
<td>90808 (OMHC Only)</td>
<td>Retired 12/31/2012</td>
<td>None</td>
</tr>
<tr>
<td>90809 (OMHC Only)</td>
<td>Retired 12/31/2012</td>
<td>None</td>
</tr>
<tr>
<td>2012 Code</td>
<td>Action Taken</td>
<td>2013 Code</td>
</tr>
<tr>
<td>-----------</td>
<td>--------------</td>
<td>-----------</td>
</tr>
<tr>
<td>None</td>
<td></td>
<td>90837 (psychotherapy 60 mins.) (OMHC Only)</td>
</tr>
<tr>
<td>None</td>
<td></td>
<td>Appropriate E&amp;M code (with 90838 (60 mins. Psychotherapy)) (OMHC Only)</td>
</tr>
<tr>
<td>None</td>
<td>New Code</td>
<td>90839 (crisis psychotherapy, first 60 minutes) (requires separate authorization)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>90840 (crisis psychotherapy for an additional 30 minutes beyond 90839) (requires separate authorization)</td>
</tr>
</tbody>
</table>
Utilization Management

To ensure CMS documentation requirements are met, auditing of records may include:

- Billing of E&M codes (99211, 99212, 99213, 99214, 99215)
- Use of new add-on therapy codes (90833, 90836, 90838)
- Use of crisis codes (90839, 90840)

ValueOptions Maryland and the Mental Hygiene Administration are currently working on redefining service and documentation standards as needed, based on the new CPT codes

- Communication and training are forthcoming
- For questions, please contact the Quality or Compliance Department

Authorization requests for what used to be 90808 (Crisis Psychotherapy, 90839 & 40) will continue to be submitted to ValueOptions either using the Outpatient “Extended Therapy” drop down button in ProviderConnect or will be made telephonically.
Resources

- American Academy of Child & Adolescent Psychiatry
- American Psychiatric Association
  - http://www.psychiatry.org/practice
- American Medical Association
  - Purchase the CPT® 2013 Professional Edition:
    - https://catalog.ama-assn.org/Catalog/?_requestid=614184
- CMS Evaluation and Management Services Guide
- The National Council for Behavioral Health Fact Sheet
  - http://www.thenationalcouncil.org/cs/national_council_live/upcoming_webinars#CPT
Contact Us

General 2013 CPT Code Questions:

- Marylandproviderrelations@valueoptions.com

Quality and Auditing Questions:

- Jarrell.Pipkin@valueoptions.com, Quality Director
- Guy.Reese@valueoptions.com, Compliance Manager
Questions?

An FAQ will be posted to the ValueOptions Maryland Web Site